



24 January 2022

Dear Player, Coach, Volunteer, Parents and Guardians,

**RE: Goodwood Saints Football Club response to the COVID-19 pandemic in relation to training commencing in 2022.**

Firstly, welcome to the Goodwood Saints Football Club for Season 2022.

We are grateful to have you as part of our club and community. We are delighted to be here and are preparing for our training sessions to re-commence. As we prepare, the Goodwood Saints FC want to ensure all players, coaches, volunteers, and parents are aware of some important points in relation to the ongoing risks presented by COVID.

- The odds would suggest that at some point, our senior and junior football programs will be affected by someone contracting COVID or being a close contact of someone who has COVID – especially the Omicron variant, in the near future.
- If you contract COVID, as per the current SA Guideline, you will be required to isolate away from the group for 10 days after your positive COVID-19 PCR / RAT test - [SA Health guidelines](#).
- If you are deemed as a [close contact](#) of someone with COVID you are currently required to have a COVID-19 test (RAT or PCR) and immediately quarantine for 7 days since you saw the positive case.
  - get a COVID-19 test again on day 6 after exposure (a negative day 6 test is required to be released from quarantine)
  - get a COVID-19 test again immediately if symptoms develop
  - not attend high risk settings or COVID Management Plan events for 14 days after exposure



**As we are now entering this pre-season phase, we need to do what we can, to minimise the number of people who contract COVID, or who are deemed close contacts of positive COVID cases, at any one point in time.**

The information provided in this letter has been sourced from the SANFL, West Adelaide FC, Adelaide Footy League, SA Government and SA Health.

The club has an expectation that all players, coaches, and volunteers will do everything within their power to minimise the risk of contracting COVID. On that basis, please consider the following:

**While not at the Club or training**

- All players, coaches and volunteers to abide by current [SA Government guidelines](#).

**On arrival for training**

- All players, coaches and volunteers must scan the QR code which will be provided at all training sessions. You must have the mySA GOV app downloaded onto your phone.
- Team managers are asked to record players manually who do not have a phone.

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- Players will again be required to get changed in small groups or ideally, arrive at training dressed and ready to go and leave immediately after training.

### **Masks & Social Distancing**

- Maintain 1.5m distance always, other than while participating in training drills.
- SA Health have implemented a 1 person per 4m<sup>2</sup> protocol while indoors – our changeroom capacity is currently *10 persons only*.
- Trainers to wear Masks whilst at training

### **Training**

- All outdoor main training sessions are full contact with no restriction on numbers.
- No tight huddles at training are allowed.
- No sharing of water bottles/towels.
- Keep tackling drills or close physical contact drills to a minimum and no more than 15 minutes.
- Hand sanitiser's to be made available at all training sessions.
- Footballs and any other equipment used to be wiped prior to and after use.

### **Current Vaccination Requirement for Trainings**

At this stage, the club has not mandated players and volunteers to be double vaccinated. We are confident and comfortable with the level of hygiene and COVID-safe practises we have implemented and continue to practise amongst our coaching staff and teams.

Should you wish to discuss any of these matters, please feel free to contact me or your relevant football director: -

- Senior Female Football Director – Cecilia Moretti | 0439-380018
- Senior Men's Football Director – Andrew Forrest | 0412-012472
- Junior Football Director – Andrew Braley | 0478-630229

Yours sincerely,

**Craig Scott**

President

**Goodwood Saints Football Club**

*Goodwood Saints – Part of the Community*

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*We acknowledge we are part of Kaurna land and recognise the Kaurna people as the traditional and continuing custodians of the land.*